## **Chapel-en-le-Frith Rambling Club**

Chapel-en-le-Frith Rambling Club was formed by the late John Bailey in 1993. Prior to this John had been Secretary of Buxton Rambling Club and a member of the Long Distance Walking Association. John had a desire to create a friendly local club with as few rules and regulations as possible, a philosophy the club still maintains to this day.

In its early days, the club had two six monthly programmes with walks every Sunday and Wednesday. Over the years, as more members retired, there has been a shift in emphasis so that today there is just a weekly programme of Wednesday walks. These are arranged in three, four monthly programmes which club members take it in turns to plan, reconnoitre, and lead.

Members meet each Wednesday at 9.30am in the lower free car park behind the Co-op in Chapel unless stated differently in the programme. Alternatively you can join at the start of the walk. Walks take place throughout the Peak District in both the White and Dark Peak and we operate a car sharing scheme for walks which require us to drive beyond Chapel, with each passenger paying the driver £3, irrespective of distance travelled.

Walks are graded by distance ranging from 'E' walks which are less than 8miles to M walks (8-10miles); H (10+miles). Most walks fall into either the E or M categories. There is usually a shortened version of a walk available especially if the main walk is greater than 8 or 9 miles; normally we all set off together.

As weather conditions often play a critical part in determining the difficulty of a walk, walkers should always check the local weather forecast in advance. Similarly, all walkers should be well equipped with waterproof clothing, walking boots, a packed lunch and a hot drink as well as a small personal first aid kit. If members have any queries about the difficulty of a walk or the type of terrain, they are encouraged to phone the leader for information. Normally, prior to a walk, information about the starting point, whether or not there is a shortened version etc. is sent to members by email.

The club holds an Annual General Meeting each year and there are a number of social events throughout the year including an annual Christmas Dinner, a summer picnic, and a three day trip in May to another part of the UK

The club charges a nominal annual subscription, currently £7 per person. For this, members are covered by a group insurance covering civil liability, affiliation to the Holiday Fellowship and to Peak & Northern Footpaths Society.

We hope you will enjoy walking with us.

Committee members:

Chairman: Ros Elliis

Treasurer: Ann Oliver

Committee: Lois McGill

Committee: Bob Kellock

Secretary: David Jeremy

Contact: david@djeremy.org



